## Alter to Disrupt

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Everyone who has edited should know that it is not a simple task, mostly because it is one of the most unknown and misunderstood activities in the academic field. To be the Pan-American Journal of Neuropsychology editor has genuinely been a central influence in my life, not only professionally, but also personally.

At the end of this stage, it is important to thank every reader and every person whose academic or research work is complemented by the journal. Great pride and joy is to finish the year having three regular issues published and being part of the prestigious data bases such as Latin-American and Caribbean Scientific Journals

Network (REDALYC) and The Emerging Sourcing Citation Index (ESCI) part of Thomson Reuters and intro to the prestigious Web of Science, as well. To be part of these data bases means a greater worldwide visibility and spreading of all published issues.

The edition of a journal can be partially summarized as the act of publishing articles, which are not more than a solid state of an idea and the culmination, and beginning, of the entire research process. Publishing is to spread the researchers' point of view about a certain knowledge field, allowing readers to agree with it, criticize it, quote it and even to inspire new researches

that, following its natural course, would generate new publications with the shared intention to make an impact on its readers.

Editing then, becomes a fundamental part of the natural cycle of "bradcasting" a research visible, a cycle that can get started at a conference; posters, seminars and meetings, seeking reviews and comments to improve the results and conclusions to make way for a new and more convincing document that once is submitted to review in an academic journal, is finally published.

As a journal, our main purpose has been to reach out to students, teachers and researchers from Latin America, publishing articles to read at home, office, school and why not?.. in bed, looking to be the kind of reading that inspires, motivates, triggers and allures. A huge challenge, considering that each year about 20,000 biomedical journals publish at least 6 million articles in the world, many of which will never be read.

We face this challenge of science publishing, considering the "graphic efficiency" as a significant element for the proper understanding of complex ideas, which is why the journal integrates professional work in art direction, editorial and graphic design from "Minina Grafica", her work over the years has provided us the appropriate visual space to the proper and attractive communication of our contents.

If we are successful in these objectives is not for us to say so, I am convinced that must be the readers who, with the necessary distance, may have something to say about the importance of our journal over training diffusion, and progress in the Psychology field in Latin America. Personally, I can say without shame that editing

has been a project as necessary as breathing, that it did not respond to any logic or calculation and I never expected anything in particular, except to be a contribution to all readers, having in mind that the author its as important as its published work. The close relations with each one of them is part of our ways of editing, rejoicing in publishing young researchers for the first time and also has authors who rely on our space regularly.



We begin a new cycle without leaving the wishes that gave birth to the journal and that can be summarized as the search to be a publication that not only exists for quoting, but also to provoke, disturb and encourage new ideas in every curious reader.